

LBT CONSULTING DEVELOPING EMOTIONAL INTELLIGENCE

The purpose of this brain profile is for people to understand themselves and team members accurately and manage themselves more effectively in order to become the best they can be.

The Learning Receptiveness Profile TM (LRP) indicates a person's neurological wiring. In this profile of a person's unique brain preferences and its various regions, we have simplified neuro-science to avoid being too technical, but we have also been conscious not to over-simplify, because the brain is a web-like structure of neurons which form complex assemblies of brain cells which make up a person's brain regions. This brain profile is a practical instrument to discover how uniquely people process information, which strengths and preferences they have when thinking or learning, how skilled they are at learning and it indicates areas for future development.

The LRP TM provides feedback on:

- seven brain profiles,
- eleven intelligence types, and
- to what extent stress and diet may limit a person's mental performance.

This brain profile assessment assists people to:

- Identify their unique potential
- Understand themselves better
- Manage themselves more effectively
- Increase mental performance
- Cope with stress
- Develop positive self-esteem
- Find their purpose
- Increase brain fitness
- Enhance emotional intelligence
- Create Social awareness and better understanding of others
- Understand how perceptions and mindsets are formed

The above will therefore empower employees to enhance their personal impact and create team effectiveness.

THE ART OF COMMUNICATION

This workshop's duration will be over 2 days and can accommodate 12 delegates.